



At Lunchtime

Starters

Today's homemade soup	£5.95
Bang bang peanut salad, oriental crunchy vegetables, peanut & sesame dressing with chicken or roasted cauliflower & tofu	£7.95/£11.95(L)
Glazed black figs, Cashel Blue & chicory salad, maple roasted walnuts, poppy seed dressing	£7.95
Cumin carrot & chickpea salad, beetroot houmous, omega seeds, orange & ginger dressing.....	£7.50/£11.50(L)
Potted duck rillettes, apple & celeriac remoulade, cornichons, toasted sourdough.....	£6.95
Smoked mackerel pate, horseradish cream, pickled cucumber, fennel & dill, Melba toast	£7.50
Home cured salmon tartare, crushed avocado, coriander & ginger, pickled mouli, sesame dressing.....	£9.50
Crispy sesame king prawns, salt & pepper squid, sriracha mayonnaise.....	£8.95

To Share

Hot garlic ciabatta, roasted red pepper & tomato dip	£4.95
Marinated olives, sun blushed tomatoes & feta, Padron peppers, cumin roasted carrots, beetroot houmous, coconut tzatziki & warm flat bread.....	£12.50
Cured meats – duck rillettes, apple & celeriac remoulade, Padron peppers, Serrano ham, chorizo, chicken & Serrano ham croquettes, marinated artichokes, cornichons & breads	£17.50
Oven baked Camembert with rosemary, garlic & white wine, apricot chutney, warm ciabatta.....	£11.75

Sandwiches & Wraps – served with a choice of soup, salad, or home-cut chips

Beetroot houmous, avocado, courgette & red pepper, vegan pesto, rocket, omega seeds - soft wrap.....	£8.50
Chicken Caesar salad, crispy bacon & avocado - soft wrap.....	£8.50
'John Ross' smoked salmon, cucumber, cream cheese & chive - granary	£8.75
Steak, mustard mayonnaise, roasted onions, tomato, rocket - ciabatta	£9.25
Breaded haddock goujons, crushed minted peas, tartare sauce - soft wrap	£8.75

Light Lunches

Spinach, avocado, poached eggs, hollandaise sauce, sourdough toast	£9.50
Harissa spiced king prawns, roasted vegetable & brown rice pilaff, coconut tzatziki	£12.95
Sautéed wild mushrooms, butternut squash, sage cream, rocket & parmesan, sourdough toast	£9.25

Main Courses

Bubble & squeak & poached eggs with griddled ham or tenderstem broccoli or smoked salmon.....	£10.95
Fish & chips – home battered fillet of today's fresh fish with chips & crushed minted peas.....	£14.75
Roasted sweet potato, apricot & aubergine tagine, green herb cous-cous, coconut yoghurt, toasted almonds, grilled garlic and rosemary flatbread.....	£12.95
Keralan roasted vegetable & coconut curry, brown basmati rice, coriander & chilli.....	£13.75
Grilled fillet of seabream, Tuscan bean ragu, pesto, lemon, parsley & pinenut crumb.....	£16.50
Breaded chicken schnitzel, garlic & parsley butter, French beans, wild mushroom linguine.....	£14.95
Pan fried calves liver, smoked streaky bacon, creamy mash, wilted spinach, sage jus	£18.50
Conisbee's free range sausages, Colcannon mash, crispy shallots, onion gravy	£13.25
Gourmet burger with smoked streaky bacon, smoked cheddar, burger sauce or pea & mint falafel burger, grilled halloumi, piquillo peppers, tzatziki - <i>both served with home cut chips & apple coleslaw</i>	£14.50
10oz – 21 day aged West Country rib-eye steak, home cut chips, slow roasted tomatoes, onion rings, green peppercorn sauce.....	£23.75

Sides - Minted new potatoes - Colcannon mash - Home cut chips - French beans & tenderstem broccoli -
Potato Gratin - Rocket & parmesan salad - Mixed salad - Padron peppers **£3.95**