



At Lunchtime

Starters

Today's homemade soup	£5.95
Bang bang peanut chicken salad, oriental crunchy vegetables	£7.95/11.95
Soft goats cheese, strawberry, watercress & mint salad, spiced nut Dukkha, balsamic glaze	£7.95
Watermelon, asparagus, cucumber, heritage tomato & baby spinach salad, omega seeds, lime, chili, mint & tamarind dressing	£7.50/£10.50
Potted ham hock & smoked chicken pate, piccalilli, toasted sourdough	£6.95
Smoked mackerel pate, horseradish cream, pickled cucumber, fennel & dill, Melba toast	£7.75
Home cured salmon, crushed avocado, coriander & ginger, pickled mouli, sesame dressing.....	£8.75
Crispy sesame king prawns, salt & pepper squid, sriracha mayonnaise.....	£9.25
Hot garlic ciabatta, roasted red pepper & tomato dip	£4.95
Oven baked Camembert with rosemary, garlic & white wine, apricot chutney, warm ciabatta	£11.95

Sandwiches & Wraps – served with a choice of soup, salad, or home-cut chips

Beetroot houmous, avocado, courgette & red pepper, vegan pesto, rocket, omega seeds – soft wrap.	£8.75
Hoisin duck, iceberg lettuce, crunchy vegetables – soft wrap	£8.75
Atlantic prawns, cucumber, spiced cocktail sauce & chives - granary.....	£8.95
Steak, mustard mayonnaise, roasted onions, tomato, rocket – ciabatta.....	£9.25
Breaded haddock goujons, crushed minted peas, tartare sauce – soft wrap.....	£8.95

Light Lunches

Spinach, avocado, poached eggs, hollandaise sauce on sourdough toast.....	£9.50
Harissa spiced king prawns, roasted vegetable & brown rice pilaff, coconut tzatziki	£12.95
Grilled halloumi & heritage tomato `Greek` salad, black olive tapenade, toasted pinenuts.....	£11.95

Main Courses

Bubble & squeak & poached eggs with griddled ham or tenderstem broccoli or smoked salmon.	£10.95
Fish & chips – home battered fillet of today's fresh fish with chips & crushed minted peas	£14.95
Vegan lentil, quinoa & bean chilli, guacamole, coconut tzatziki, tomato & onion salad, flatbread	£12.95
Grilled fillet of salmon, minted new potatoes, asparagus, samphire, dill & mustard hollandaise	£16.50
Breaded chicken schnitzel, crispy pancetta, `Caesar salad`	£14.95
Conisbee's free range sausages, Colcannon mash, crispy shallots, onion gravy	£13.95
Gourmet burger with smoked streaky bacon, smoked cheddar, burger sauce, or pea & mint falafel burger, grilled halloumi, piquillo peppers, tzatziki - both served with home cut chips & apple coleslaw	£14.75
Pan fried calves liver, smoked streaky bacon, creamy mash, wilted spinach, sage jus	£18.75
10oz – 21 day aged West Country rib-eye steak, home cut chips, slow roasted tomatoes, onion rings, green peppercorn sauce.....	£24.00

Sides - Minted new potatoes - Colcannon mash - Home cut chips - French beans & tenderstem broccoli - Rocket & parmesan salad - Mixed salad - Padron peppers **£3.95**